Received and the second			Thorat Arts	& Co (Spe			Login		
			4/110 Issues Special Issues (RESEARCH JOURNEY' International E- Research Journal Impact Factor - (SJIF) - <u>6.261</u> , (CIF) - <u>3.452(2015)</u> , (GIF) - <u>0.676</u> (2013) Special Issue 137- Role of Yoga in Changing Adolescence						
► List of Article :				ESEARCHUO		Approved Journal			
Select Year : 2019				INDEX					
				No.	Title of the Paper	Author's Name	Page No.		
	2010			1	The Effect of Meditation on Physiological Parameter	Amol V. Tisge	05		
	2019		_	 Yoga for Journalists' Stress Management and Efficiency Enhancement Trainning Program (SMEET) (Work Upon the Journalists of Sarvamat) Dr. Narayan Jadhav, Dr. Somnath Arote, Mr. Ganesh Jadhav 					
	Sr.	Date	_	3	Personality Development through Yoga Pr	of. Mahendra Nagrale	11		
			_	4	ICT in Sports	Sanjay M. Gaikwad	15		
	91	25 February, 2019	_	5		er by Yoga Asanas Dr. Bhalchandra More	20		
				6	Role of Yoga in Overall Health of Sports-Person Dr. Dattatray Shimpi, Dr. Narayan Jadha	av Dr. Samnath Arota	22		
			_	7	Yoga for Hockey Players	Dr. Dinesh Karad	25		
	92	25 February, 2019	-	8	Mobile Apps Available for Yoga in Marathi at Google Overview		28		
			_	9	A Psychosomatic Effect of Yoga	Dr. Meena Pawar	33		
			_	10	The Deployment of Yoga for Harmonious Learning of Rural and Tribal Area	Dr. R. D. Gholap	38		
			_	11	Effect of Yogasana on Selected Motor Components of Players	Prof. Rajesh Kasar	42		
			_	12	5	Dr. Ravindra Machale	46		
	93	25 February, 2019	_	13		are, Mr. Swapnil Dixit	50		
			_	14		, Prof. Dinesh Tandale	55		
			-	15	Benefits of Yoga Asanas and Pranayam	Dr. Bharat Chalsye	59		
	94	26 February, 2019	-	16	The Physical and Mental Benefits from Yoga The Role of Yoga for College Students	Prof. Harish Vasave	61		
			-	17		Prof. L. S. Kandalkar	64		
			_	18	A Study – Yoga in Football Historical Base of Yoga	J. W. Mohod	67		
	95	27 February, 2019	_	19	Ku. Mansuri Mizna Sajid, Ku. Dipika Bo	<i>t</i>	71		
			_	20	The Importance of Flexibility and Improve Flexibility	Mr. Arvind Kamble	74		
			_	21	The Role of Yoga in Physical Fitness	Prof. P. J. Patel	78		
			_	22	Role of Surya Namaskara in Personality Development	Mr. D. K. Nikam	80		
	96	27 February, 2019	-	23	· · · · · · · · · · · · · · · · · · ·	of. Dr. Sunil Pachange	83		
				24	राज्यस्तरीय कयाकिंग व कनोईंग खेळाडूंच्या श्वसनदरावर होग	गाऱ्या प्राणायामाच्या	86		



	Sr.	Date	Author	Title	Action		
	100 27 February, 2019		Maratha Vidya Pra Thorat Arts & Con Dist. Nashik (Spec Changing Adolesc				
Copyright © 2014 Research Journe Developed By: Siddhi Software So		© 2014 Research Journe		4/110		ons	ISSN No: 2348-7143
		By: Siddhi Software So		1,110			10011 HV: 2040*/ 140

